

PE A Level

If you have a desire to work in teaching and coaching or professional sport, or work in the leisure industry, recreational management, the health and fitness industry then this may be the course for you.



Entry requirements:

You need to have gained GCSE grade B or above or a Distinction* grade or above for BTEC First in Sport. Also, the demands of the specification are such that candidates should have GCSE Science at grade B or Distinction* at BTEC Science, you should also have GCSE English at grade 5.

You must be totally committed to playing sport and must participate in 1 different sporting activity regularly to a minimum standard of club level.

What will you be learning?

The course takes a multi-disciplinary approach encouraging the development of different methods of enquiry, with a focal point being the performer and the performance. The course is based on the interaction between the theory and practice of Physical Education including the anatomical and Physiological factors affecting body and mind readiness. At A2 knowledge and understanding of Sports Psychology and Exercise and Sport Physiology as a scientific focus.

How will you be assessed?

70% of the course will be assessed through 3 separate examinations, whilst 30% will be assessed by practical performance & evaluative coursework in your chosen sport.

How will I be taught?

There will be a mixture of practical and classroom based activities. Peer assessment and independent learning skills will be developed

It complements most other A- Level subjects.



Case Study: Liam Murray – St Robert's

PE has always been my favourite subject throughout my time at St Roberts. The specification for As and A2 level PE caught my attention by focusing not only on the practical but the theoretical side to sport, such as Anatomy and Physiology of the human body. Within the PE department, there are very experienced teachers who have expert knowledge in their field of work. I have had many opportunities to develop my own skills, such as the completion of my FA Level One coaching badge. Upon completion of my A levels I am going to study Sports Science at university before teaching.