

GCSE : Physical Education

Course Description

This course is designed to build on the skills and knowledge learned at KS3. The course provides students with exciting opportunities to lead an active, healthy lifestyle by choosing from a range of roles and sporting activities in which to participate in. Physical Education enables students to enjoy and understand the benefits of living a healthy lifestyle, to provide routes into further study such as A-levels or BTEC Level 3, as well as possible career opportunities. Students will participate in a range of sporting activities for 2 lessons per week and learn the theoretical aspects related to sport in a further 2 lessons.

Students will be assessed in four different sporting activities and should enjoy and be capable of being a performer, choreographer, or official in at least 4 different sporting activities.

Examination Information

2 hour examination paper consisting of multiple choice, short answer and essay style questions at end of Year 11.

60% of course assessed practically in 4 different activities.

Exam: 40% / Practical Assessment : 60%

This course leads to an
AQA : GCSE in 'Physical Education'



Skills

Independent learning and Research Skills
A variety of roles ; player/performer , coach , official
Critical Thinking
Understanding of a healthy lifestyle life long involvement in sporting activity.

Teaching & Learning

All students will receive two theory lessons and two practical lessons each week. In theory lessons, students will learn about how to lead a healthy lifestyle and will participate in a range of learning activities; receive regular homework and participate in regular formal and informal testing. During practical lessons, students will learn and build upon skills learned at Key Stage 3 in a number of sporting activities.

Students will be assessed in 4 different activities and they can be assessed as performers, referees, leaders or a mixture of all roles. Students take part in eight sports at school, but can also be assessed in sports that they participate in outside of school e.g., skiing, Karate, rugby, dance etc.

Students may be given the opportunity to visit Derwent Hill to practice rock climbing and orienteering or go skiing. This will allow them to gain valuable extra marks towards another activity.

Progression to Further Education

The GCSE course leads directly into A-level 'Physical Education' or BTEC Sport: Level 3 in the Sixth Form, and other sport related advanced studies.



For further information please see
Mr Langstaff
(Subject Leader : Physical Education)

Careers

Physiotherapy and Sports Science

Physical Education Teaching

Sports Studies

Professional Coaching careers