

Personal Record

Employability Skills and Pathway Planner



St Robert of Newminster Catholic School
and Sixth Form College

Student Name _____

KS2 School _____

KS3/4 School _____

Your Life

Your Future

Year 7

Tutor Group _____

Personal, Learning and Thinking Skills

• Introduction

Your future is very important and it is essential that you start early to consider the options available to you, so that you make the right decisions on your career pathway. At this stage of your education, you will probably have no idea about what you would like to do in the future, however you should start to investigate the choices that lie ahead.

This module is designed to give you the opportunity to review your own skills and look at what types of jobs are available that match your skills and qualities.

A good starting point is for you to complete our school's online aspirations questionnaire accessible from the school's website and also to register for U-Explore..... dedicated software that you can use to track your career choices as you progress through school.

Information on how to access this software is below.... Feel free to cut out this information and take it home to try.

Online Aspirations Questionnaire

Throughout this academic year, we want to provide you with clear impartial advice and opportunities to help you make the correct choices during your career pathway.

Please complete our online questionnaire by following the link on the school website.

www.strobertofnewminster.co.uk

Click on Careers

Then choose one of the following ICONS from the main page.



OR



OR



U-EXPLORE SOFTWARE

supporting your

Careers Advice and Guidance



U-Explore - Specialist Careers Advice software to support student pathways.

Options
↓
↑

1. Register on WWW.U-EXPLORE.COM
2. Select - County 'Tyne & Wear', - Town 'Sunderland' - Establishment 'St Roberts'
3. Enter - Code '39573'
4. Use school email address if a student or home email address if a parent / carer.

USERNAME:

Contact: Mr Green - Vocational and Work Related Learning Coordinator

Email: careers@strobertofnewminster.co.uk

0191 5613810 ext 40392

Contact: Tracey Green - Independent Connexions Advisor

See Mr Green to request a meeting

Your Life Your Future

Student Name

St Robert of Newminster Catholic School and Sixth Form College



Year 7

INDEPENDENT LEARNER DETERMINATION EXPERIENCE SKILLS ASPIRATIONS ENGAGEMENT EMPLOYER VISION SUCCESS

Exploring Career Opportunities

• Choice a future career

At this time of your education, you should start to think about the type of work you want to do when you leave school (Education).

It is important that you form realistic choices that meet your current ability. Don't worry you will probably change your mind many times before you leave school. Your achievement in subject might also change as you move through each year group.

TASK 4

Thinking about your current grades/progress in school this year, look at the RED/ORANGE/GREEN colours on the last page and your marks out of 10, list the five most appropriate jobs for you at this stage of your education.

Doctor	7
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Example from the last page

Shaded in RED means you would have to obtain high grades and work really hard 7/10 means you like the idea of this career.

Current Career Options

SECTOR (Task 5)

<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>
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<input type="text"/>	<input type="text"/>	<input type="text"/>

TASK 5

Each job can be placed within a particular employment SECTOR. Using the list below- complete the sector that each job falls within.

- Business Administration, Information Communications Technology (ICT), Construction and the Built Environment,
- Land-based Animal Welfare and Environment, Creative and Media, Languages, Distribution and Warehousing, Law and Politics,
- Education Training and Childcare,
- Low Carbon/Green Energy and Utilities, Public Services,
- Engineering and manufacturing, Retail, Finance,
- Science and Mathematics, Hair and Beauty,
- Sports and Leisure, Health and Social Care,
- Travel and Tourism, Hospitality and Catering

Your Life

Your Future

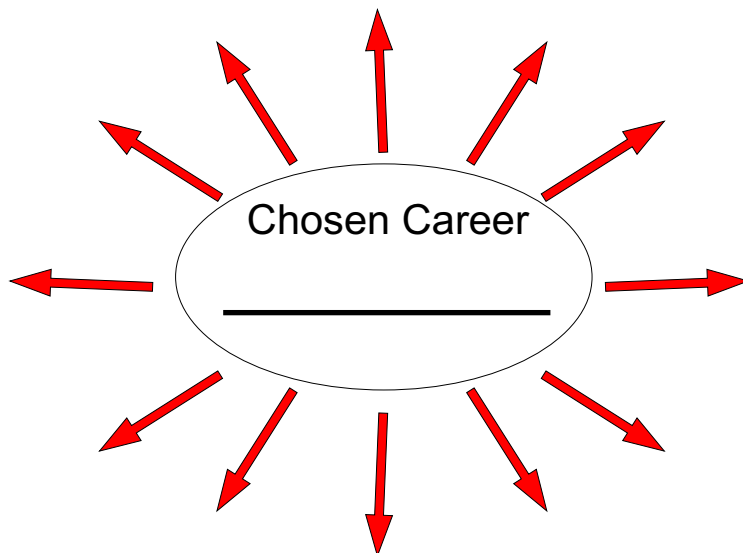


Exploring Career Opportunities

• Planning

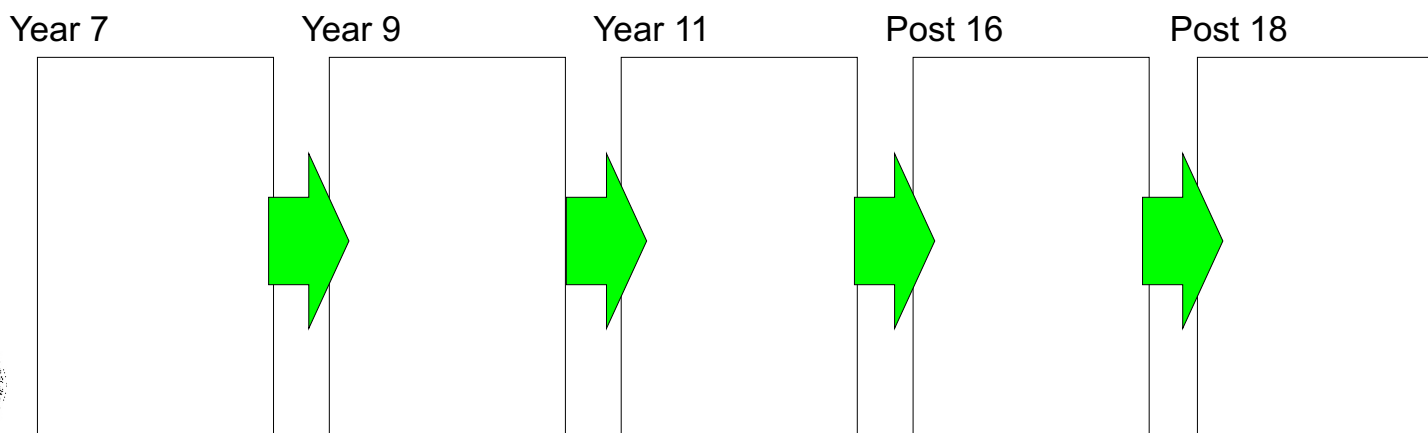
TASK 6

Choose one of the five career choices from the last page and list the main skills and qualities you would need to follow this pathway. (E.g Skills: Listening, Thinking, Communication, Reading, Practical, Drawing.... Qualities: Hardworking, Team player, Approachable, Reliable etc)



TASK 7

Thinking ahead, list the stages you will have to complete to get to your future career goal. (e.g I will have to work hard in all my lessons, I will have to choose Chemistry in Year 10)



TASK 8

What do you think your future salary (how much money you will get paid) will be when you are 25 Years old?

Salary at 25 Years old

Chosen Career:	£	per Year
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Your Life

Your Future




Exploring Career Opportunities

• Planning my Future

TASK 9

Using the space below (Landscape) draw a timeline of your life using pictures and numbers (age) only. (From 1 year old up to 80 years old)



Your Life

Your Future

Student Name

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My Life in Images

SUCCESS VISION EMPLOYER ENGAGEMENT ASPIRATIONS SKILLS EXPERIENCE DETERMINATION INDEPENDENT LEARNER

Year 7



End of Module Review

• Introduction

As you near the end of your first year in this school, it is important to think about your progress so far and set yourself new targets for next year. Remember if you want to improve, it is important to be honest with yourself and accurately complete all sections below.

• Your Progress

How would you rate your progress in your lessons during this year?

Excellent Poor

How would you rate your behaviour in your lessons during this year?

How would you rate your attitude to learning in your lessons during this year?

How would you rate the quality of the classwork you have produced during this year?

How would you rate the quality of the homework you have completed this year?

Reflecting (thinking) about your answers to the questions above, set yourself a single target that you think you could do to improve your progress next year.

To improve I _____

• Your Skills

How confident a person are you?

Excellent Poor

How good are you at reading out loud to a class?

How good are your ICT skills?

How organised are you?

How good are you at sending e-mails / writing letters?

How good are you at leading a team (taking charge)?

Reflecting (thinking) about your answers to the questions above, set yourself a single target that you think you could do to improve your skills during the coming term.

To improve I _____



• Your Independence

How well organised are you?

Excellent Poor

How good are you at meeting deadlines?

How good are you at managing your own money?

How good are you at making your own meals?

How good are you at organising what you wear?

How good are you at planning your own future?

To improve I _____



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Year 7

SUCCESS VISION EMPLOYER ENGAGEMENT ASPIRATIONS SKILLS EXPERIENCE DETERMINATION INDEPENDENT LEARNER

End of Module Review

• Outside of school

In the spaces below record your interests and hobbies.

My interests are _____

My hobbies are _____

• Qualities

In the space below list your five best qualities (what makes you a good person)

My best qualities are _____

- | | |
|---------------------|---------------------------|
| Good listener | Reliable |
| Good communicator | Trustworthy |
| Approachable | A good friend |
| Well organised | Supportive |
| Confident | Good Attendance |
| Creative | Punctual (always on time) |
| Imaginative | Hard worker |
| Good Decision Maker | Well behaved |

• Aspirations

In the space below list your two favourite subjects and explain why you have chosen them

My favourite subjects are:
_____ because _____
_____ because _____

• Career Choice

At this early stage of your education, show in the space below what area of employment you might want to follow in the future.

My sector(s) I am considering a career within is:

My current career choice(s) is:
_____ because _____
_____ because _____
_____ because _____

To get a job in your career choice above I will have to gain good grades in the following subjects:

Your Life

Your Future



