



# LUX



A community newsletter

## House Totals

### Spring Term

St. Aidan

8156

St. Cuthbert

7282

St. Godric

8354

St. Hilda

6999

## Holiday Dates

Friday 5<sup>th</sup> April

Final day of spring term

Tuesday 23<sup>rd</sup> April

Return to school

Monday 6<sup>th</sup> May

Bank Holiday

27<sup>th</sup> to 31<sup>st</sup> May

Half term Holiday week

Friday June 28<sup>th</sup>

Inset Day

Friday 19<sup>th</sup> July Final Day of  
term for students

Wednesday 6<sup>th</sup> September  
Students return to school

Dear Parents, Students and Friends of the School

I would like to begin by wishing you all a happy, blessed and Holy Easter. During our Lenten preparations in school this year we have come together as a Catholic community to encourage our young people to recognize the significance of Lent. Both in the chapel and around school there have been Stations of the Cross as a focus of prayer on a daily basis. All pupils throughout the school were given the opportunity to receive ashes to mark the beginning of the Lenten season. Each tutor group has reflected upon the themes of prayer, fasting and charity. In recent weeks our year seven students have all taken part in a class liturgy with time for personal prayer in the chapel. Students in the lower school continue to lead Morning Prayer for pupils, staff and parishioners every Friday. We also have a dedicated group of pupils and staff who lead and attend Morning Prayer on a Tuesday in our chapel. Collective worship with tutors and in assemblies has also reflected on our journey to Easter. This edition of our school magazine contains an article focused on the Lenten prayer box which has made its way round each of our tutor groups. As you are aware, Holy Week itself falls during the school holidays this year. However, we hope that the many activities listed above will have helped students depart for the holidays, prepared for the joy of the Resurrection on Easter Sunday. I hope your own celebration of Easter at home with your family is a special one.

The term seems to have passed incredibly quickly. As ever I would like to congratulate all students on their continued hard work over the previous few months. I know those students preparing for examinations in particular will no doubt have further work to do over the holiday. However, I hope they manage to rest too, and come back refreshed for the new term.

Thank you also to parents and those at home for their continued support of our young people in their endeavours. Our students benefit immensely from this support, and I am sure you will join with me in keeping them in your thoughts and prayers over the weeks to come, as examinations approach.

Once again I wish you all a happy and peaceful Easter, and I look forward to welcoming students back after the holidays.

Mr D Juric  
Headteacher

# Services in our Parishes over Holy Week

## Reconciliation Services

7pm Monday	8th	St Michael
7pm Wednesday	10th	St Joseph
7pm Thursday	11th	St John Boste

## Holy Week and Easter Services and Events

### Maundy Thursday

7pm St Michael, St Joseph, St John Boste.

### Good Friday

11am St Bede's Service for families/children

3pm Service in all churches (some lead by a lay person)

### Holy Saturday Vigil Mass

6pm St Joseph, St Michael

7pm St Bede

### Easter Sunday

8:30am St Bede

9:30am St John Boste

10am St Michael, Our Lady Queen of Peace, St Joseph

11am Our Blessed lady Immaculate

## Stations of the Cross During Holy Week

4pm Sunday	14th	Our Blessed Lady Immaculate - Stations of the Cross
12noon wed	17th	Our Lady Queen of peace - Stations of the Cross followed by soup
6:30pm Wed	17th	St John Boste - Stations of the Cross

### Good Friday

11am Our Lady Queen of Peace - Ecumenical out-door Stations of the Cross. Beginning at Trinity Methodist church (opposite Shiny Row co-op) and walk to Our Lady Queen of Peace church, where there is tea and hot cross buns.

### **Bank of England- Business & Economics**

On Tuesday 26<sup>th</sup> February, students studying Business & Economics were given the opportunity to attend a talk from the Bank of England. The talk covered key areas from interest rates, exchange rates to BREXIT. Students got an insight to the functions of the Bank and how it affects every day society. The talk was a huge success with students and staff learning a lot about an organisation which functions within our economy. This was enhanced by the Bank detailing various career opportunities which students who look to after their time in sixth form.



### **Park Dean Resorts Speaker**

On Tuesday 12<sup>th</sup> March, Maggie Pavlou the HR Director from Park Dean Resorts, a North East based holiday company came in to talk to students in year 13 about the travel industry. The talk began with students learning how to handshake, preparing them for when they enter their careers. Maggie guided students through a range of interesting elements relating to the caravan parks. This involved looking at mergers within the organisation, values of staff, the working environment and how consumer tastes and preferences have changed over time. The year 13 students commented "It was really interesting to hear from a real life business", they felt they had learnt a lot in preparation for their A Level exam in June.



### KS3 Poetry Workshops

A number of enthusiastic students from Years 8 and 9 were selected to attend a poetry workshop provided by The University of Newcastle to develop and encourage writing skills. The poetry workshops took place on March 1<sup>st</sup> and was delivered by the guest poet, Ellen Phethean.

Ellen Phethean is a local poet who's celebrated writing career includes poetry anthologies, radio dramas, plays and teen novels. The English department were delighted to be able to host the poetry workshops as Ellen delivered a session to develop writing skills and support students to compose a poem to be entered into the Newcastle Centre for the Literary Arts poetry competition.

I would like to congratulate all students involved in the poetry workshops for their mature approach and the outstanding poetry they produced. I wish them all luck in the Literary Arts Poetry Competition.

More information regarding Ellen Phethean's writing can be found at [el-lenphethean.com](http://ellenphethean.com)



### New York Business Trip-Feb 2019

During the February half term 18 students went to NYC to experience business, Stateside. During the trip students went on a walking tour of the financial district which included a visit to the famous Wall street Bull, the stock exchange as well as a visit to the 9/11 memorial. Visiting the place where the two towers stood was heart wrenching for students and was also a chance for them to pay their respects to all who lost their lives that day.

Students on the evening got to experience the New Jersey Devils playing the Buffalo Sabres in an exciting game of ice hockey. The chanting of "Let's go Devils, let's go!" got the students hyped up and ready for an exciting game where the Devils won with a score of 3-0.

Students followed this exciting first day with a workshop at Madam Tussauds, posing alongside the wax figures and seeing how Merlin Entertainment currently operates and expects to grow in the near future. We ended the day with the Jersey Boys on Broadway and an exciting evening meal at Ellen's Stardust diner. The trip all around was a great success with other highlights including The Top of the Rock, shopping on 5<sup>th</sup> avenue, circle line cruise and visiting Times Square. A massive thank you to Mr Dent for giving up his half term and being our guide around the many streets of NYC. Also a heartfelt thank you from Miss Lamb to all students who attended and were a credit to the school.



## The Languages Taster Day

On Monday, the 6<sup>th</sup> form students made their way to St Peter's campus in Sunderland for the languages taster day (which took some doing, but we won't go into that). The aim of our trip was to get an insight into studying languages at university, and the advantages of the learning a second language, we discovered the career opportunities for "linguists" are varied and promising. Firstly, we all sat in one room as the leader explained that there would be a number of sessions, two being for French and Spanish, and then made our way to our first taster session, advanced French. As we came in the room, the first thing I saw was computers, *pouah!* For those of you who don't know, there are only two possibilities when you are asked to sit at computers for a French lesson: 1) listening task and 2) speaking task. It turned out to be both. It was not too bad though, in fact it was *très intéressant* (very interesting). Learning a little bit about voluntary farming, among other things, improved my cultural knowledge and awareness of France, as we learnt about the people living there, rather than just the language. Then to Spanish. Our group separated as we each went to either Spanish beginners or Spanish advanced taster sessions. I went to the beginners' session, literally starting from the beginning, *el alfabeto*. It was very helpful, starting from a place that everyone can pick up from, and again, increasing my awareness of other countries, their languages and their cultures. I learnt that there are 4 main languages in Spain, and that "*hay*" means "there is"; I would say that it was pretty successful.





Once we reconvened, we went for lunch (*hourra!*). After lunch ended (*c'était triste*) we went to go speak with the current students at the university studying both Spanish and French, and they again emphasized how useful it is to know another language. One of the students was natively French, one British and the other Portuguese, allowing us to see how the course worked from different perspectives, and that it was helpful and interesting even to a native French speaker. The final session was about the career opportunities open to "you linguists" as it were. It turns out that that around 90% of employers (*quel chiffre!*) are dissatisfied with their applicants and employees' low levels of intercultural knowledge (i.e.: have you stretched your cultural horizons at all), as well as French, Spanish and German being languages which are still very high in demand. In the UK we learned that there is 9% of people who speak a different language and then go home to speak English, and then 6% go home and speak another language as their native language. In order to summarise the session for you, a person with the ability to speak multiple languages has a better chance at receiving a more rewarding job than a monolingual person, due to the apparent rarity of linguists and therefore the demand, and therefore the opportunities, created for them, which are not open to a person with only one language.

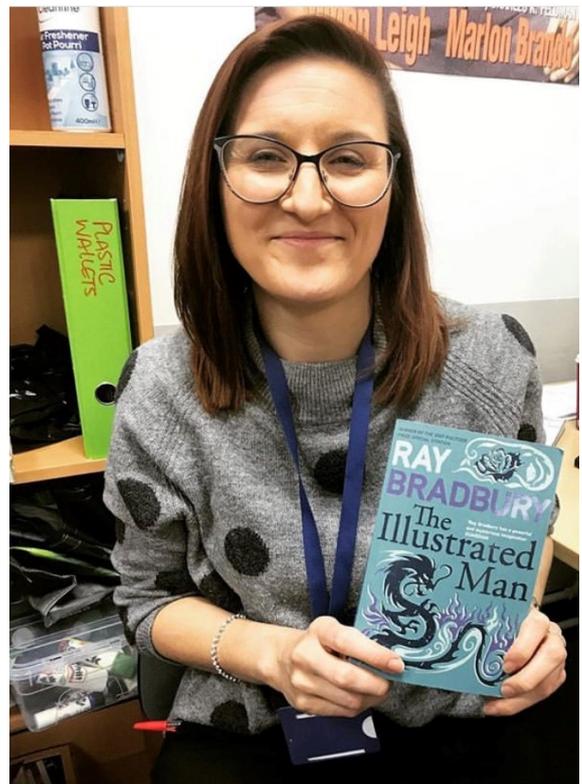
Overall the day was very enlightening, and I am definitely glad that I attended.

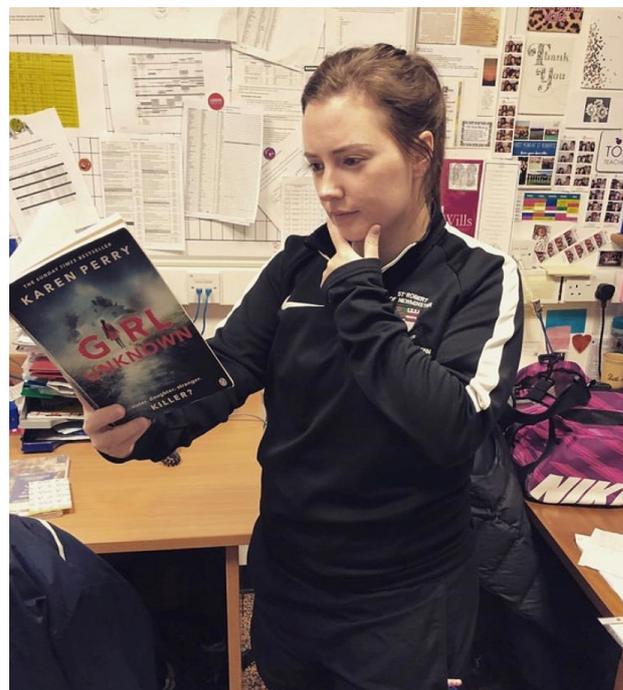
By Esther Farsi

### SHARING OUR STORIES FOR WORLD BOOK DAY

Ever keen to embrace new technologies, the English department have been marking World Book Day this year by using our new Instagram account to spread the word about the joys of reading into our school community and beyond.

The theme of this year's World Book Day was "Share a Story" and we have been doing just that. Throughout the week, over 30 teaching and non-teaching staff from across the school have contributed to our Instagram feed by sharing a story of their choice – either a favourite story, a story they were currently reading or have recently read, or a recommendation for our students. These stories have been shared hourly at the start of each lesson throughout the day, all accompanied by images: many brave staff have taken pictures of themselves enjoying their chosen text – on phones, e-readers and audio formats as well as the more traditional paperback – and some of the more adventurous have incorporated their pets, children, or even unicorn onesies into their photographs!





Despite the light-hearted nature of the project, there is a serious message behind this. We're aiming to raise awareness with our students that reading isn't just something that happens in the English classroom. There are a huge variety of stories available, and these can be accessed in a range of locations and formats; hopefully seeing the staff enjoying reading will have prompted some of our students to try out some new stories and, with any luck, start spreading their love of reading by sharing some stories of their own.

If the amount of likes on our Instagram feed are anything to go by, the project has been a resounding success. Throughout the week students from across the school have been actively following the feed and engaging in conversations about reading with staff which in itself is brilliant news. Thanks to all of the staff who have generously shared their stories.

Mrs J Slater – English Department

**Follow our Instagram feed @stobertsenglish to read the stories we have shared and keep up to date with the latest news from the English Department**



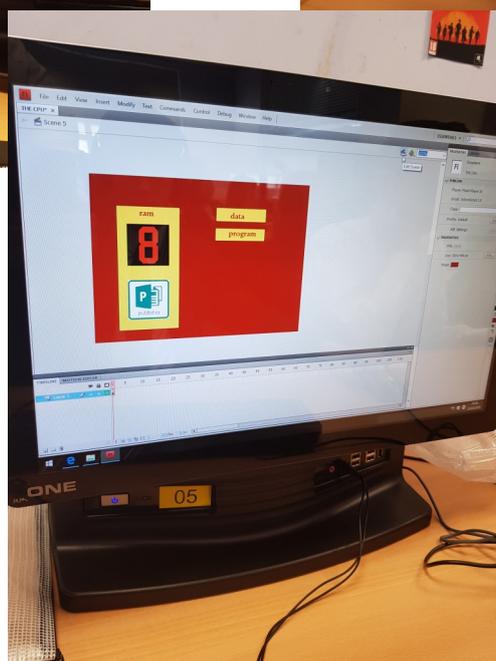
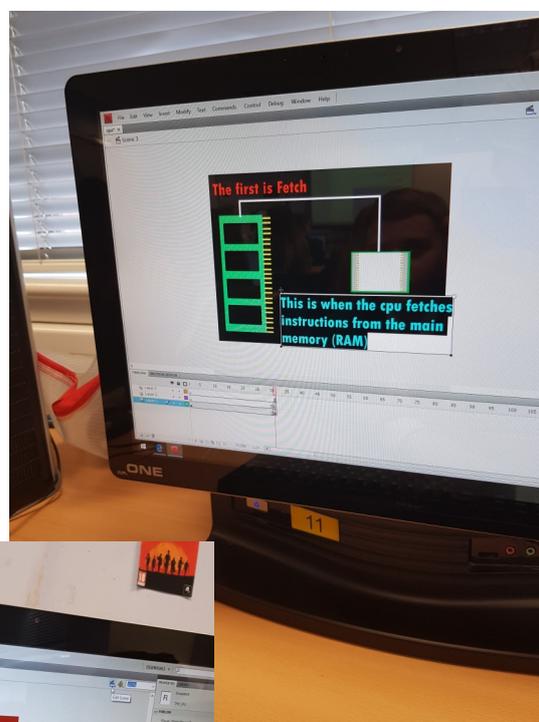
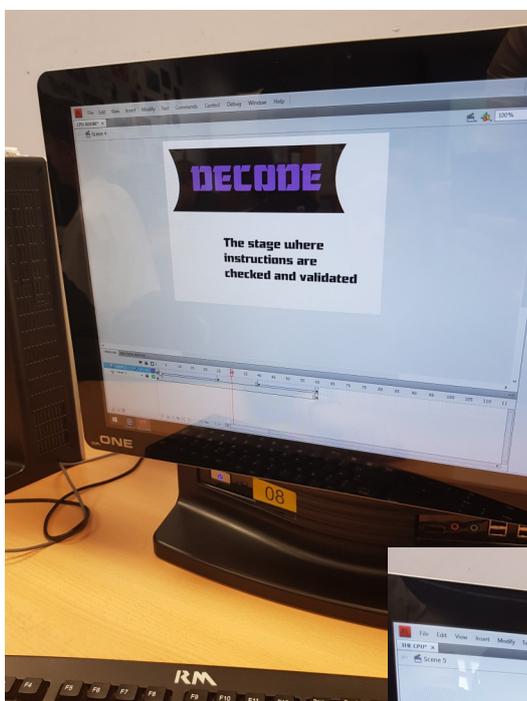
### **BAFTA Young Games Designer Competition 2019**

A group of students from Year 12, have entered the BAFTA Young Games Designer competition in the Game Concept Category. They have worked hard since December to decide on a game concept, constructing the environment and rules for the game and even designed their own character evolution system. Good luck to the team, and hopefully they will get to go to the BAFTA Game Awards in London if they win!

## Computer Science CPU Animation Action

Students in Year 9 have been using their animation skills to explain key Computer Science knowledge about the CPU.

By using a range of ICT skills and Computer Science knowledge, students have come up with some fantastic ways to explain abstract concepts in simple and easy to understand ways. Well done Year 9!

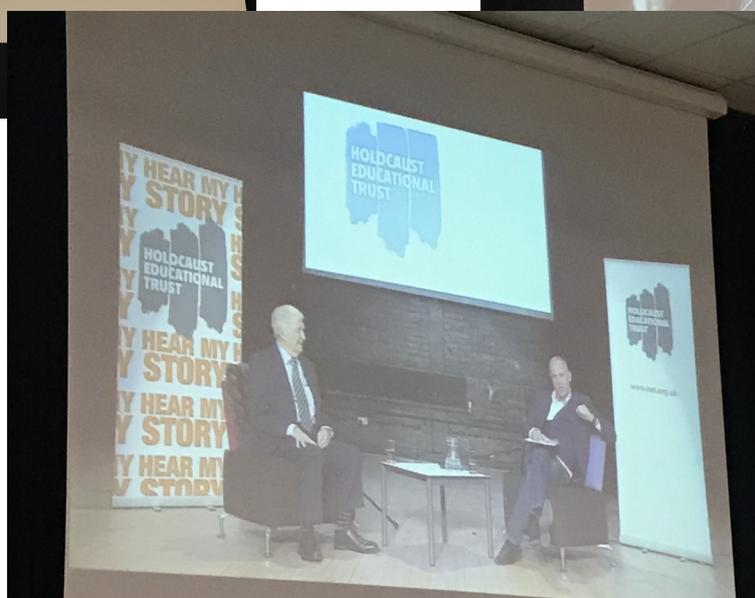
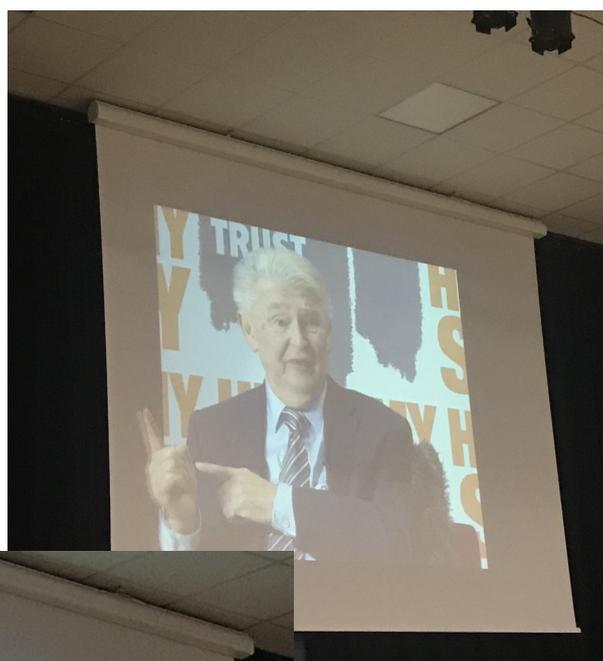
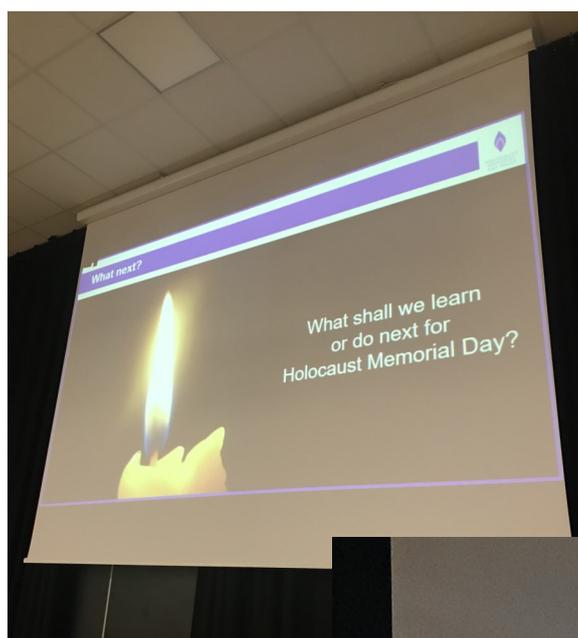


### Holocaust memorial Day

On the 24<sup>th</sup> of January, Year 9 witnessed a memorable Holocaust testimony about a Polish Holocaust refugee; Harry Spiro. This year's theme was 'Torn from Home'. Harry was born in 1929 to Jewish parents in Poland. At the very young age of ten, Harry and his family were moved from the city into the Nazi's first established ghetto. Conditions were poor, desolate, overcrowded and everyone (even children) were forced to work for the Nazi's- Harry worked in a glass factory. 3 years later, Harry was made to go to the glass factory and insisted he did not to stay home with his family. While at the factory, the ghetto was burnt to ashes and all those living there were taken to an extermination camp to be murdered.

After Harry alongside other workers moved to smaller ghetto, it was liquidated and they were sent to a labour camp. The prisoners were then put on trains and sent to a concentration camp, Buchenwald in Germany and after a short time, Harry was sent to Rehmsdorf. Those at Rehmsdorf who were alive got onto a train, where it was bombed and they were forced to march the rest of the way. To paraphrase Harry, he said that if you were at the front of the march, you could sit until everyone had gone past you but you would have to continue marching after. Anyone who remained at the back tired, thirsty or starving not marching was shot inhumanely. Harry was one of the 270 out of 3,000 marchers to make it to Czechoslovakia. It was there he was liberated by Soviet soldiers.





In 1945, the British government allowed 1,000 children into the UK. This is where Harry sought asylum and became one of 'The Boys'. He now lives a happy life with his wife Pauline, educating the younger generation about his experiences.

As part of the younger generation, we felt fortunate and grateful that we could have the opportunity to witness a real life experience of a child in the Holocaust, even if it was on livestream. Overall, this has been an eye-opening experience to both of us. We hope to continue and share this testimony so that such events do not happen again. On behalf of Year 9, we thank Harry Spiro BEM for sharing his journey and being so honest.

Sienna Hardy & Issabelle Wong

### Y13 Geography field trip to Hall Hill Farm and Knitsley Farm Shop

Leaving the classroom to study human geography where it actually happens always gives an added dimension to the theories and case studies taught in the class room. So on September 21st the Y13 geography students were taken to see examples of farm diversification; the first stop was Hall Hill Farm in Lanchester. During the 1980s the owners were looking at ways to increase their income. The farm opened to visitors in 1981 and while it is still a working farm, much of the income now comes from tourists. The farm owner gave our Y13 students a presentation about the development of the farm, and then they got to experience what the farm had to offer from petting the rabbits and chicks to a tractor ride, and the food in the farm cafe. The second stop was an afternoon visit to Knitsley farm shop, another example of farm diversification but one which has taken a different direction by focussing on high quality food grown and prepared on the premises. I think we were all impressed by attention to detail and the passion the owner had for the food she produced; even the soap on sale was made from fat from her own animals! We arrived back in school just in time for the school buses with two very good case studies to use in the Summer exams. Oh, and if you're every in the area, I think we all agreed that the cakes at Knitsley Farm Shop are to die for!





## Durham County Girls Rugby

Six girls from our Schools Girls Rugby teams have been selected to be part of Durham County Girls Rugby Squad. It is an outstanding achievement. They will inspire so many more girls wishing to take up the sport. Thank you to Houghton Rugby club for their support of Girls Rugby.

## U16 Girls Badminton team Tyne and Wear runners-up

Our U16 Girls reached the final of the recent Tyne and Wear finals. They came up against a quality Newcastle High School for Girls team and lost the final by one game. Excellent performance.



## SKI TRIP ANDORRA 2019

February half term saw 65 students and 7 staff hit the sunny slopes of Andorra. The weather was extremely kind, which meant staff and students had to wear their factor 50 sun-cream whilst skiing. Snow conditions were still very good throughout the trip as the resort had received 3 metres of snow a few weeks beforehand.

In addition to the skiing, students had the opportunity to go bowling and go out for a team pizza. The hotel kept the students topped up with food throughout the visit. Thank you to the staff for giving up their half term to take the students. The students were excellent throughout the trip. The biggest thank you goes to the parents for supporting the trip. Roll on next year.





## Sunderland Football Club Staff talk about their roles to our Sports Academy Students



Chloe Chapman and Caitlyn Turnbull represented St Roberts abroad. Chloe is an outstanding skier, while Caitlyn went to Northern Ireland to compete in the National schools trampolining finals. Both girls are so committed and we are really proud of their achievements .



## Tyne and Wear Indoor Rowing Champions

Once again our rowers have come away from the Tyne and Wear Indoor Rowing Finals with lots of medals and superb performances.

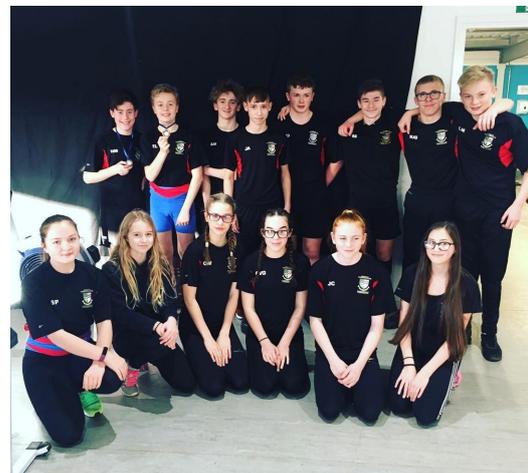
Matthew Phillips was crowned Senior Boys Tyne & Wear champion for the 2nd consecutive year. Matthew McBeth finished 3rd.

Christina Pearson finished 3rd in the Senior Girls.

Amy Hall finished 3rd in the Under 16 Girls. Ben Hull finished runner up in the Under 16 Boys.

Josh Donaldson was crowned regional champion with Alfie McGuire third in the U13 Boys finals.

In the Year 7 Boys event, Nathan Moran came 2nd and Zac Larsen finished 3rd



## County Cross Country Champions

Saturday saw several students compete in the Durham County Cross Country Championships at Barnard Castle School. Pupils represented West Wearside and competed against other districts at the event. Results were as follows.....

Year 7:- Addis Dore 10th, Sophie Leonard 13th

Year 8/9:- Brandon Pye 2nd, Lucy Scothern 1ST

Year 10/11:- Amy Leonard 5th

6th Form:- Eve Quinn 8th



## Year 7 Football team crowned Champions

The year 7 and 9 Boys Football team had reached the Tyne and Wear Finals stage of the competition. They were matched up against Belmont School in Durham. The Year 9 team were superb but they came up short losing 5-4 in extra time. It was the Year 7 team who came up trumps winning their final 3-1. The Year 7 football team continues to set the standards high. Still in National and County Cup action. The league campaign resumes after half term.



## Year 8 success in Indoor Athletics

The Year 8 Boys finished 2nd in the Tyne and Wear finals held at Temple Park Sports Centre on Monday. This is the highest position the school has finished for several years. The Year 7 and Year 8 Girls also competed and they finished in creditable positions in their respective age groups.

## Primary School Festivals

Two Primary school festivals have been held over the past few weeks. The Year 3 skipping festival was won by Our Lady Queen of Peace. This was followed by the Year 1 Dance festival where each class performed their dance in front of the other schools. There was also a special performance from the Year 11 GCSE dancers. Thank you to all the schools that took part.



# Team St. Robert News



## Year 8 Rugby Finals

The Year 8 Boys Rugby team played their final round of fixtures. Despite 1 win and 2 defeats the boys have progressed to be one of the stronger teams in the league. With additional coaching the team should be challenging for success in 2019/20 season.



## Netball success

The extra training, setting up of the satellite club and the emphasis that been placed on developing netball has paid off over the last two weeks. Last week saw the Year 8 Girls Netball finish runners-up in the Sunderland Schools Netball tournament. Year 7 League Runners-up Year 8 League Winners Year 9 Sunderland Schools Tournament Winners Year 10 League Winners

## Year 7 Boys Rugby Team

The Year 7 boys rugby team finished their season campaign with a win against Oxclose and a defeat against league champions Kepier Academy. Superb effort by all the boys this season. It is excellent that so many boys having joined clubs outside school.



## GCSE Derwent Hill Trip.

The Year 10 GCSE student have had the opportunity to go to Derwent Hill last week. It was the first of two groups attending the centre over the coming weeks. Its gives the students the chance to be assessed in rock climbing. The attitude and application of the students was excellent over the whole weekend.



## National Science Week

National Science Week (11<sup>th</sup> -15<sup>th</sup> March) was celebrated at St Roberts with activities arranged for all key stages. There were tutor quizzes to complete, Sunderland University Biomedical workshop for the Year 8 students, and year 12 students delivering science demonstrations to years 7, 8 and 9 students during their lunch on the Monday and Tuesday of the week.

On Thursday we had the Sunderland Astronomical Society deliver a workshop to the Year 13 Physics students.

Finally, on the Thursday afternoon, there was a rat dissection in the performance hall for around 120 students from Key stage 3 and Key stage 4.



### Young Carers Awareness day 2019

Our two school Young Carers Ambassadors led the way this year, in promoting the young carers awareness day 2019. Dru (year 10) and Jack (year 11) took control in designing, planning and delivering assemblies to the whole school. Their aim was to promote this year's message of 'Care for me too' whereby the message was that Young Carers, whilst taking on a caring role in their homes, need support too. Young Carers are supported at St Robert's by carrying a Young Carers card, and heads of House are all fully trained on what being a Young carer means – and how we can make small adjustments in school to help support.

Dru and Jack didn't just stop at our school in raising further awareness, they went out and delivered assembly also to one of our Primary schools, Our Lady Queen of Peace. Dru and Jack hope that as ambassadors, more students who face challenges in their personal lives by being a young carer, can be fully supported to achieve the very best whilst at school.

Jack's work as an Ambassador has taken him all the way to London, to the Houses of Parliament where he spoke on behalf of Young Carers at a national conference. Jack was supported by local MP Sharon Hodgson who has praised Jack and all the ambassadors for the work they are doing in challenging the attitudes of all those involved in working with young people, on what being a young carer means. Dru and Jack have managed all of this work, whilst studying for their GCSE's. We are very proud of their campaign and all that they do as Young Carers and students of St. Robert's.





Here's some further information from Sunderland Young Carers:

Sunderland Carers Centre we define a young carer as a child between the age of 5 to 16, or Young Adult Carer aged 16 to 25 who looks after someone in their family who has a long-term illness, disability, mental ill health or substance misuse problem that impacts on that young person. This may be taking on responsibilities, emotional/and or practical support that would normally be expected of an adult"

It is important for young carers to have a life outside of their caring role, so they experience similar experiences as any other child or young person would.

Sunderland Carers Centre offer young carers opportunities to get a break from their caring roles through groups, outings and activities. These opportunities not only give young carers an opportunity to take time out, but to spend time with their peers who are experiencing similar home situations.

Usually the groups start in September and young carers sign up to take part for a year, however sometimes we can fit people in if places come up or you may need to go on a waiting list. Transport is also available for groups and activities if you need it so don't worry about how you will get there. We will look forward to hearing from you if you want to take part!

For more information about groups, events and activities for Young Carers Contact Sunderland Carers Centre on 0191 5493768

If you would like to know more about how you can be supported in school, please see Mrs McHale or your Head of House.

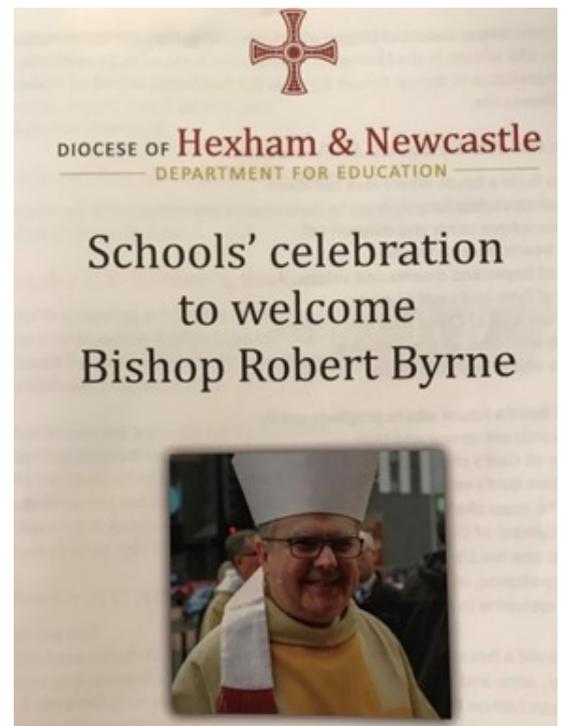
## Bishop Robert Byrne

Two of our pupils Kaytie and Becca helped produce a book of welcome for our new bishop from the 156 catholic schools in our diocese

This was presented at a special service at St Mary's Cathedral where representatives from all the catholic schools in diocese were present.

The bishop summarised his message to our young people as

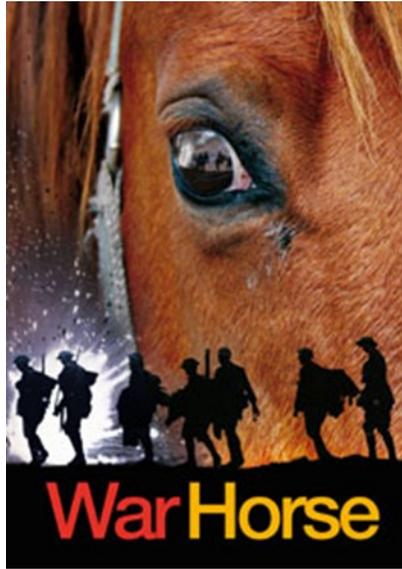
Talk to Him  
Listen to Him  
Proclaim Him





St Mary's Cathedral in Newcastle was packed as representatives from all 156 schools in the diocese gathered to give our new bishop a warm North East welcome. Bishop Robert Byrne was installed at the day previously as the 14<sup>th</sup> bishop of our diocese. Two 6<sup>th</sup> Form students, Rebecca McCormack and Katyie Rackstraw represented our students alongside our chaplain, Mr Taylor, Mr Green and Mr Bayne. The afternoon was a celebration of the wealth of talent in our diocesan schools as students read and sang. Bishop Robert was presented with a stole that students in the diocese had created. Addressing the students, Bishop Robert spoke of the importance of the sacraments. We look forward to welcoming Bishop Robert to St Robert's.

## Puppetry Workshop



Drama students in year 9 and 12 had the opportunity to participate in a puppetry workshop led by Joe Richardson an expert and ex-performer in War Horse from the National Theatre in school. Over 30 students from school had seen a performance of War Horse at Sunderland Empire earlier in the week. This fantastic experience follows our partnership with the National Theatre to broaden the cultural experiences of our students.



## A Level RE Study Day

St Robert's hosted 160 A Level RE students from 11 schools across the diocese. Students were challenged by lectures from four professors from the Theology Dept at Durham University. Students enjoyed a variety of lectures which covered a number of areas of study from their A Level course. Students were helped by Prof Robert Song to explore the ethics of driverless cars and how such cars could be programmed to deal with potential accidents. Another lecture by Dr Marcus Pound helped students to think on the different claims to truth, in particular from different religions. This led to the big question – 'is there absolute truth?'. Dr Carmody Grey had posed the idea that the lack of a definite answer to the Problem of Evil was actually beneficial to religious belief. The day was ably brought to a conclusion by Prof Karen Kilby who hosted the student discussion. Students and staff left invigorated and received a copy of the Catholic International weekly magazine, The Tablet which provides extended reading on contemporary Catholic theology. Grateful thanks to our colleagues from Durham University and the generous support from The Tablet



## International Women's Day Forum

On Friday 8<sup>th</sup> March, Katrina Priest, Caitlin Fletcher and Mrs Macklon went to Washington Arts Centre for Sharon Hodgson's International Women's Day Forum.

The forum started off with an introduction to everyone who was at the event, then Dame Vera Baird QC, Northumbria Police and Crime Commissioner opened the discussion by talking about domestic violence in the North East and gave information on how the police, Women's Institute and schools can help both parents and children in cases of domestic violence. This then led to a discussion regarding education within schools and how to look for the signs of a toxic or violent relationship and how more can be done to raise awareness around domestic violence.

We also discussed arranged marriages, period poverty and discussed free sanitary products in schools for girls who may not be able to afford them, also the idea of tax free sanitary products.

After a short break we resumed with a discussion on 'women in the room', the discussion included how more can be done to enhance women's voices and a few points included: changing the way we socialise boys and girls to ensure there is no stigma around feminism and equality; having more men involved in regards to helping to achieve gender equality in regards to issues such as the gender pay gap.

Finally, we discussed what are women's issues and how we can help to encourage men to join in with the message of equality.





## Lenten Prayer and Reflection

Throughout the season of Lent all tutor groups from Year 7 to Year 11 had the opportunity to reflect upon the Lenten themes of prayer, charity and fasting. A prayer box containing a Lenten candle, Stations of the Cross, information about this season of the liturgical year and the Lenten Prayer made its way around each of the Houses. We hope that this resource has helped the pupils deepen their understanding of the importance of Lent as a preparation for the most festival within the Catholic Church, Easter.

### Lenten Prayer for Form class

In the name of the Father, and of the Son,  
and of the Holy Spirit  
Amen

We light our candle to remind us to let our light shine.

Heavenly Father, this Lent,  
we ask you to remind us what is important  
and what is not.

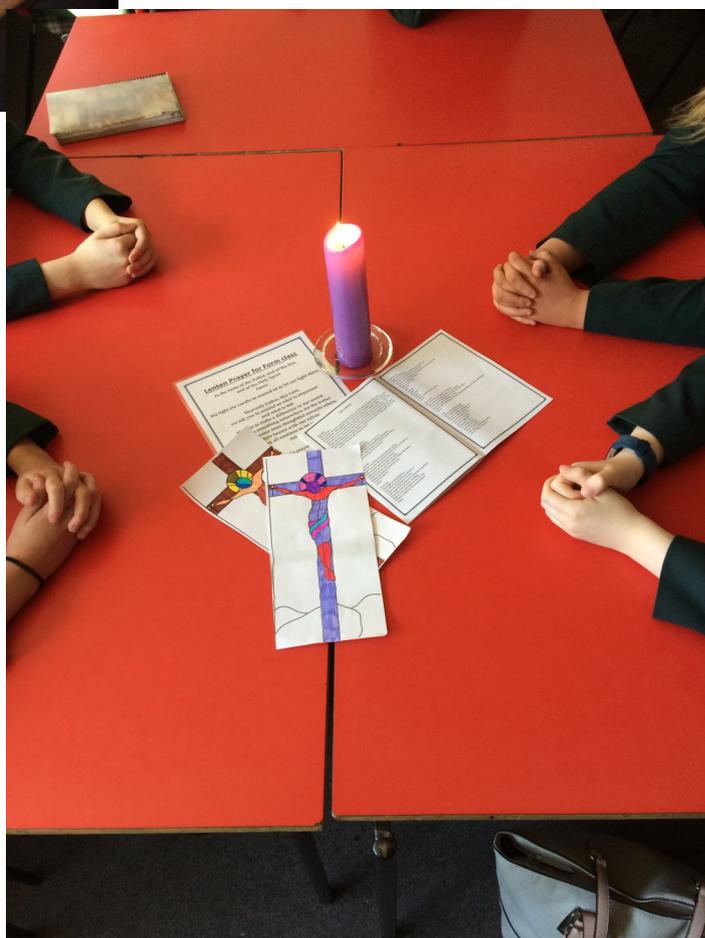
Help us to make a difference in our world,  
to change something somewhere for the better.  
May we become more thoughtful towards others,  
More honest with our selves  
And may we all continue to let our light shine  
Amen.

We now say the Lord's prayer together - Our Father....

St Robert - Pray for us  
St Cuthbert - Pray for us

We now think of one of the 40 acts for lent

We end our time in prayer by making the sign of the cross.





God as we walk through Holy week toward the cross,  
may we remember the wonder of who you are.

Beyond sin your love is inexhaustible,  
beyond brokenness your forgiveness is incompressible.

Beyond betrayal your grace is poured out eternally,  
beyond death your life is unimaginable.

Beyond human understanding,  
your ways are always higher than ours.