



St Robert of Newminster Catholic School and Sixth Form College



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Head Teacher: Mr. D. Juric
Chair of Governors: Mr. G. Moorhouse

Dear Parents and Carers

As a part of your child's educational experience at St Robert's, we aim to promote personal wellbeing and development through a comprehensive taught programme of Personal, Social, Health and Economic (PSHE) education that gives our young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

As you may be aware, from September 2020 the Department for Education is making 'Relationships Sex Education and Health Education' compulsory in all schools. Along with other schools, we have been gradually introducing some of the changes throughout this school year, and will be introducing an up to date programme from next school year.

What does the new guidance mean?

The new guidance focuses on healthy relationships and keeping children safe in the modern world. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships. Learning about the emotional, social and physical aspects of growing up will give our young people the information, skills and positive values to have safe, fulfilling relationships and will help them take responsibility for their own well-being. All of the sessions will be age-appropriate and meet the needs of all pupils in the class.

How will this be delivered?

RSE and Health Education will form part of our school's PSHE education programme, which is taught throughout the school in every year group and is monitored and reviewed regularly by the school and the governing body. There will also be cross over with some of the themes in their daily lessons such as RE, Science, ICT, Food & Nutrition and Physical Education.

All teaching in PSHE will take place in a safe learning environment and be underpinned by our schools Catholic ethos and values. A variety of opportunities will be provided for pupils to ask questions to further their understanding and to find out more about what affects them personally.



What if I have questions?

As a Catholic community, we will follow a programme of study that has been endorsed by the Catholic Education Service. The curriculum and resources come from the 'Ten Ten: Life to the Full' programme. For more detail about our PSHE curriculum offer, please visit the school's website.

Ten Ten's new programme, **Life to the Full**, will teach Relationship and Sex Education within the context of a Christian understanding of human sexuality rooted in the wisdom and teaching of the Catholic Church. Given that RSE will become a statutory subject for all schools from September 2020, Ten Ten are embracing "the challenges of creating a happy and successful adult life" by giving pupils knowledge "that will enable them to make informed decisions about their wellbeing, health and relationships" (DFE Statutory Guidance). The programme will deliver teaching through the prism of Catholic RSE. The framework of our programme is taken from the Model Catholic RSE Programme by the Catholic Education Service, which has been highlighted by the Department of Education as a work of good practice. More information about Ten Ten can be found at their website:

<https://www.tentenresources.co.uk/>

As a school community, we are committed to working with parents. Recent feedback from parents has indicated the overwhelming majority continue to be supportive of the relationships and sex education programme. Parents and carers have a right to see the school's RSE policy. Parents, having looked at the RSE policy, have the right to withdraw their children from the RSE programme.

If you would like to find out more or have any questions about the policy, or the right to withdraw, please do not hesitate to contact the school via the school email address.

Yours faithfully

Mr D Juric
Headteacher

Mr A Davis
Assistant Headteacher and Head of RE

