

Health & Social Care

Examination and Revision Information

Examination Board:	OCR Cambridge National
Number of	 R021: Essential values of care for use with individuals in care settings
Examination Papers:	
Structure of	1 hr exam worth 60 marks. 25% of overall course
Examination Papers:	
Key Information:	The Cambridge National in Health and Social Care is a modular course
,	There are 4 units. Each unit worth 60 marks. Total marks for course: 240
	3 coursework units
	 1 exam done at the end of Y10 – possibility of re-sit AT end of Y11
Where could I find	 https://www.ocr.org.uk/qualifications/cambridge-nationals/health-
past papers and	and-social-care-level-1-2-j801-j811-j821/assessment/
mark schemes?	
What are the best	"Cambridge National Health and Social Care – My revision notes" can be
websites to help me	purchased in school or on the internet
revise this subject?	
What are the best	1. Self-Testing: Use flash cards to cover past topics. The HSC department
ways to revise for	uses an app for mobile phones called Brainscape with lots of flashcards
this subject?	for R021.
	2. The revision guide is a really useful tool.
	3. Books: Revise by using your exercise books. These are your best revision resource.
	4. Past Papers: Answer individual questions from past papers. Make sure
	you know the question types and timings. Practice makes perfect.
Coursework	It is important to note that the priority in y11 is to complete
	coursework to a high standard. Coursework makes up 75% of the course
	and good performance in this will result in a good overall grade.
	R022: Effective Communication (Y10)
	 R023: Understanding Body Systems and Disorders (Y11)
	R031: Using Basic First Aid Procedures (Y11)

