

Year 12 PE



Year 12 Subject Curriculum Information

	Key Question:	Specification:	Skill Focus:
Term 1:	How do the physiological systems affect sporting performance?	<ul style="list-style-type: none">• Physiological systems of the body (Paper 1)• Skill Acquisition (Paper 2)	AO1: Knowledge & Understanding AO2: Application/ Explanation AO3: Analysis and Evaluation
Term 2:	How does the brain affect sporting performance?	<ul style="list-style-type: none">• Diet & Nutrition (Paper 1)• Training Methods (Paper 1)• Sports Psychology (Paper 2)	AO1: Knowledge & Understanding AO2: Application/ Explanation AO3: Analysis and Evaluation
Term 3:	How has sport progressed over history?	<ul style="list-style-type: none">• Biomechanical Principles (Paper 1)• Sport and Society (Paper 3)	AO1: Knowledge & Understanding AO2: Application/ Explanation AO3: Analysis and Evaluation

Year 12 Subject Assessment Information

Assessment	Time/Venue	What will be assessed?
Term 1	<ul style="list-style-type: none">• End of unit assessments• Each 1 hour	Paper 1 and Paper 2.
Term 2	<ul style="list-style-type: none">• End of unit assessments• Each 1 hour	Paper 1 and Paper 2.
Term 3	<ul style="list-style-type: none">• Year 12 Exams	Paper 1 (2 hours) and Paper 2 & 3 (1 hour)

