

Year 12 Food and Nutrition



Year 12 Subject Curriculum Information

	Key Question:	Specification:	Skill Focus:
Term 1:	How important are nutrients to the growth and maintenance of the human body? Why do specific groups have additional nutritional requirements?	<ul style="list-style-type: none"> Understand the relationship between nutrients and the human body Understand properties of nutrients Plan nutritional requirements 	AO1: To be able to Calculate nutritional requirements for given individuals. Understand the relationship between nutrients and the human body.
Term 2:	How can we adapt recipes to cater for the dietary needs of specific groups?	<ul style="list-style-type: none"> Plan production of complex dishes Be able to cook complex dishes Understand the importance of food safety 	AO2: Plan production of complex dishes. Be able to cook complex dishes.
Term 3:	All knowledge covered in year 12.	<ul style="list-style-type: none"> Meeting Nutritional Needs of Specific Groups 	AO3: Be able to apply nutrition knowledge to specific case studies. Micro and macro nutrients and their function in the human body.

Year 12 Subject Assessment Information

Assessment	Time/Venue	What will be assessed?
Assessment 1: Baseline assessment Course work	<ul style="list-style-type: none"> Baseline- In class September Course work – continuous 	AO1: Baseline assessment will cover basic nutritional requirements. UNIT 1 coursework – ‘Meeting the nutritional needs of specific groups’ will be internally assessed at regular intervals.
Assessment 1: Practical exam and mock exam	<ul style="list-style-type: none"> Practical exam – February Mock Exam - January 	AO2: Pupils will complete a 3 hour practical exam which will be internally assessed. Mock exam will be based on all nutritional content covered to date.
Assessment 3: Written paper	<ul style="list-style-type: none"> Written exam – exam hall 1 hour 30 mins Externally assessed 	AO3: Formal written exam ‘Meeting nutritional needs of specific groups’ covers all content from year 12. Number of marks: 90

