Year 13 PE



Year 13 Subject Curriculum Information

	Key Question:	Specification:	Skill Focus:
Term 1:	Review self/peer performance against subject content.	 Energy for Exercise (Paper 1) Recovery, Altitude & Heat (Paper 1) Memory Models (Paper 2) 	AO1: Knowledge & Understanding AO2: Application/ Explanation AO3: Analysis and Evaluation
Term 2:	Analyse contemporary issues in Sport?	 Contemporary Issues in Sport (Paper 3) Exercise Physiology- injury Prevention (Paper 1) 	AO1: Knowledge & Understanding AO2: Application/ Explanation AO3: Analysis and Evaluation
Term 3:	Review the impact of different types of motion on sporting performance.	 Technology in Sport (Paper 3) Biomechanics-Types of Motion (Paper 1) 	AO1: Knowledge & Understanding AO2: Application/ Explanation AO3: Analysis and Evaluation

Year 13 Subject Assessment Information

Assessment	Time/Venue	What will be assessed?
	 End of unit assessments 	Paper 1 and Paper 2/3 combined.
	Each 1 hour	
	Mock exams: Paper 1 &	Paper 1 (2 hours)/ Paper 2 and 3 (1 hour each)
	2, each 2 hours long.	
	End of unit assessments	Paper 1 and Paper 2/3 combined.
	• Each 1 hour	

