

# Year 9 Physical Education

## Year 9 Physical Education Curriculum



	Boys Curriculum	Female Curriculum:	Skill Focus:
<b>Term 1:</b>	<ul style="list-style-type: none"> <li>• Baseline Assessment</li> <li>• Basketball</li> <li>• X-Country/ Fitness</li> <li>• Football</li> <li>• Handball</li> </ul>	<ul style="list-style-type: none"> <li>• Baseline Assessment</li> <li>• Netball</li> <li>• X-Country</li> <li>• Tag Rugby</li> <li>• Basketball</li> </ul>	<ul style="list-style-type: none"> <li>• Range of tactics and strategies to overcome opponents in competitive situations.</li> <li>• Analyse performance and suggest methods of performance.</li> </ul>
<b>Term 2:</b>	<ul style="list-style-type: none"> <li>• Sports Leadership</li> <li>• Orienteering</li> <li>• Badminton</li> </ul>	<ul style="list-style-type: none"> <li>• Gymnastics</li> <li>• Orienteering</li> <li>• Handball</li> </ul>	<ul style="list-style-type: none"> <li>• Taking part in outdoor and adventurous activities</li> <li>• Developing a range of leadership skills.</li> </ul>
<b>Term 3:</b>	<ul style="list-style-type: none"> <li>• Tennis</li> <li>• Athletics</li> <li>• Cricket</li> </ul>	<ul style="list-style-type: none"> <li>• Tennis</li> <li>• Athletics</li> <li>• Rounders</li> </ul>	<ul style="list-style-type: none"> <li>• Refine techniques to improve performance.</li> <li>• Lead healthy and active lives.</li> </ul>

## Year 9 Physical Education Assessment

Assessment	When?	How?
Ongoing Practical Assessment	<p>In the final lesson of each activity block.</p> <p>Please note, no formal written exam will occur due to the practical nature of the activity.</p>	-Through practical performance against the nominated skill focus for that chosen activity.

