



# St Robert of Newminster Catholic School and Sixth Form College

Biddick Lane, Washington, Tyne & Wear, NE38 8AF  
Tel: (0191) 716 1700 Email: [school@str.bwcet.com](mailto:school@str.bwcet.com)



Head Teacher: Mr. D. Juric  
Chair of Governors: Mr. G. Moorhouse

14<sup>th</sup> October 2021

Dear Parent/Carer

## DUKE OF EDINBURGH BRONZE AWARD – SUMMARY

This letter is to introduce the Duke of Edinburgh Award Scheme to year 10 students and their parent/carers.

The Duke of Edinburgh Award, at bronze level, is comprised of four sections. These are the Volunteering, Physical, Skills sections and the Expedition.

The Volunteering, Physical and Skills sections are to be completed outside of school and under the direction and motivation of the participants themselves. It is their responsibility to find and undertake experience needed to complete these. We are happy to discuss these sections with the participants and a list of ideas can be found at <https://dofe.org/do/>.

In Summary:

**Volunteering** Carried out for approximately 1 hour per week continuously for 3 months. This section is designed to promote independence in the participant and allow them to help out in the community. Usual volunteering activities include helping out at Brownies/Cubs group, working in a charity shop, litter picking/beach clean. The work that the participant undertakes must not take the form of a role that would usually be paid, nor can they receive payment themselves.

In light of current restrictions, a list of remote opportunities can be found here:

<https://www.dofe.org/dofewithadifference/activities>.

**Physical** Carried out for approximately 1 hour per week continuously for 3 months. Any physical activity, either team based or individual. It can be an existing activity or the participant can start a new one.

**Skills** Carried out for approximately 1 hour per week continuously for 3 months. The participant can develop an existing skill, such as playing a musical instrument, or learn a new skill. The skill cannot be sport based unless it is umpiring/refereeing.

**Any of the above for a further 3 months.** One of the above activities must be carried out for 6 months (approximately 1 hour per week).

All three activities can run concurrently.

For the three activities, the students will need to complete an activity log, recording what they have completed each session and how long for. They will also need an assessor. The assessor is an adult (over 18) who will be with the participant for most, if not all, sessions and who will write an assessor's report at the end of the section. The assessor should not be a parent or family member.

If you have any questions about these three sections, please email one of us at the following: [rmorgan@str.bwcet.com](mailto:rmorgan@str.bwcet.com) [shall@str.bwcet.com](mailto:shall@str.bwcet.com) or [pwilliams@str.bwcet.com](mailto:pwilliams@str.bwcet.com).



## Expedition

The fourth section of the Award is the expedition. At Bronze this takes the form of a two day, one night walking expedition, assessed by an assessor.

We will be carrying out training sessions on a Wednesday afterschool for an hour, dates TBC.

We also run a practice expedition to help prepare the participants for the Qualifying expedition.

## Training programme for Wednesday sessions:

- Team Building
- Navigation, Route Planning, Map and Compass Skills
- Camp craft Equipment
- Food and Cooking, Hygiene
- First aid and Emergency Procedures
- Risk, Health and Safety
- Countryside, Highway Codes
- Observation Recording and Presentations

## Provisional Diary Dates

Wednesday training sessions TBC

The practice day walk will be held Wednesday 27<sup>th</sup> April.

The qualifying weekend will be held Thursday 7<sup>th</sup> – Friday 8<sup>th</sup> July.

Further details on each expedition will be shared nearer the time.

## Costs

The total cost of undertaking the award will be £90.

This fee covers the following

- Enrolment on to the Award Scheme and registration with the Duke of Edinburgh's Award Charity (non refundable)
- The practice walk and Qualifying expeditions: pitch fees and transport costs.
- An embroidered fleece
- A 15% discount card at Go Outdoors

Initially, we ask for a payment of £45 to cover the enrolment and the fleece.

This payment can be paid either by ParentPay, our preferred method of payment, or by cash. This payment is to be completed, along with the completed enrolment form and fleece order (attached) by **Friday 22<sup>nd</sup> October**, and handed into student reception. If there are any problems making this payment please contact the school. Furthermore, please note that the email address given on the enrolment form should be that of the pupil and not the parent.

Attached is a suggested kit list from The Duke of Edinburgh Awards. If you are looking to buy any items such as walking boots or rucksacks before the summer term, please don't hesitate to ask for advice – better than buying the wrong thing!

Any problems or questions please contact either Miss Morgan, Mr Hall or Mr Williams

Yours Sincerely

Mr P Williams, Miss M Morgan  
**Duke of Edinburgh Coordinators**



## **Bronze Duke of Edinburgh Expedition Kit List**

### Individual Kit List

#### Clothing

Waterproof jacket  
Waterproof trousers (optional)  
Spare change of clothes  
At least two pairs of walking socks  
Walking boots or walking trainers  
Flip flops/trainers to wear at campsite  
Sun hat  
Bin Bags (to go around roll mat on outside of bag)

#### Personal Kit

Rucksack (at least 65L)  
Rucksack liner (or binbags)  
Sleeping Bag  
Roll Mat  
Torch  
Water bottle  
Bowl/Plate  
Cutlery  
Mug  
Lighter or matches  
Wash kit  
Blister Plasters  
Any medication  
Emergency survival bag  
Expedition Food  
Sun cream

#### Group Kit

First aid kit  
Tea towel  
Washing up liquid  
Sponge  
Bin bags  
Toilet Roll  
\*Tent  
\*Compass  
\*Maps  
\*Route Card  
\*Stoves

\* Provided by school

