



St Robert of Newminster Catholic School and Sixth Form College



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Head Teacher: Mr. D. Juric
Chair of Governors: Mr. G. Moorhouse

PSHE & RSE

Dear Parents and Carers,

Our 'Relationships, Sex Education and Health Education' course begins next week for students in Year 7, 8, 9, 11 and Year 10 will begin following October half term. RSHE is compulsory in all schools and as a Catholic community, we will follow a programme of study that has been endorsed by the Catholic Education Service.

The school's RSE policy can be found on the school's website, and this is consulted on biannually. Our recent consultation period ended in April, and feedback from parents has indicated the overwhelming majority continue to be supportive of the relationships and sex education programme. By following the link below and entering the login details parents have access to the resources that we use in school. You can also use the parent consultation tool which gives an overview of Ten Ten resources and tips on how to support your child as they study this unit:

Parent Portal: www.tentenresources.co.uk/parent-portal/

Username: **opp-robertn-38**

Password: **rse-parent-white**

Parent consultation tool: <https://www.tentenresources.co.uk/courses/parent-consultation-tool-secondary/>

The overview (see appendix 1) outlines the various areas that pupils will cover throughout the PSHE and RSE course this academic year. If you would like to find out more or have any questions about the policy, then please do not hesitate to contact the school through your child's Head of House.

Yours sincerely,

Mr Andrew Davis

Assistant Head Teacher



Appendix I

PSHE Overview 2022-2023

H/Term	Year 7	Year 8	Year 9	Year 10	Year 11
Sept - Oct	RSE	RSE	RSE	Careers	RSE
Nov - Dec	Emotional & Mental health	Keeping Safe	Keeping Safe	RSE	CV & Personal statements Careers
Jan - Feb	Keeping safe	Emotional & Mental Health	Careers	Online life & Media	Keeping Safe
March	Online life & Media	Online life & Media	Values, Rights & Responsibilities	Emotional & Mental health	Values, rights & responsibilities
Apr – May	Values, Rights & Responsibilities	Careers	Online life & Media	Keeping Safe	Health & Fitness
June - July	Careers Health & Fitness	Values, rights & responsibilities	Emotional & Mental Health Health & Fitness	Values, Rights & Responsibilities	

