



St Robert of Newminster

Catholic School & Sixth Form College

Sixth Form Personal Development

Let Your Light Shine



Bishop Wilkinson
Catholic Education Trust
Through Christ, in Partnership

School Vision & Mission

At St Robert of Newminster we recognise that each individual member of our community is created in God's image with unique talents and abilities. We nurture each person through loving relationships and rich daily experiences centred on the teachings of Christ. We affirm the dignity of each individual and our values underpin everything we do across our school, with and for each student and member of staff to enable them to 'Let their light shine'.

St Robert's Values:

Faith

A prayerful community rooted and **guided** by the teachings of **Jesus**

Respect

A diverse community, created in the image of God, whose members are treated with **respect** and **dignity**

Vocation

A **hard-working** community that helps people recognise their own **unique purpose**

Excellence

A **dedicated** community that strives for excellence in our **learning** and **conduct**

Aspiration

A community built upon high **expectations** of ourselves and others

Integrity

A just community with a firm understanding of what is **right**, that acts with **honesty** and **kindness**



Let Your Light Shine

FAITH	RESPECT	VOCATION	EXCELLENCE	ASPIRATION	INTEGRITY
					
A prayerful community rooted and guided by the teachings of Jesus	A diverse community, created in the image of God, whose members are treated with respect and dignity	A hard working community that helps people recognise their own unique purpose	A dedicated community that strives for excellence in our learning and our conduct	A community built upon high expectations of ourselves and others	A just community with a firm understanding of what is right that acts with honesty and kindness
“Holiness doesn't mean doing extraordinary things, but doing ordinary things with love and faith.”	“Treat people the same way you want them to treat you.”	“Let us seek to live in a way that is always worthy of our Christian vocation”	“Dear young people, do not bury your talents, the gifts that God has given you! Do not be afraid to dream of great things!”	“In the same way, let your light shine before others, so that they may see your good works”	“Dear children, let us not love with words or speech but with actions and in truth”
<i>Pope Francis</i>	<i>Luke 6:31</i>	<i>Pope Francis</i>	<i>Pope Francis</i>	<i>Matthew 5:16</i>	<i>1 John 3:18</i>

Sixth Form Personal Development Curriculum

What is the intention of our PDE curriculum?

- Develop pupils to become responsible, respectful, and active citizens who can play their part and become actively involved in public life as adults
- Develop and deepen pupils' understanding of our core school values and their links to the fundamental British values of democracy, individual liberty, the rule of law, and mutual respect and tolerance
- Promote equality of opportunity so that all pupils can thrive together, understanding that difference is a positive, not a negative, and that individual characteristics make people unique
- Develop pupils' understanding of, and respect for the protected characteristics and how equality and diversity should be promoted
- Develop pupils' characters in line with our school values
- Develop pupils' confidence, resilience, and knowledge so that they can keep themselves mentally healthy
- Enable pupils to recognise online and offline risks to their well-being and making them aware of the support available to them
- Enable pupils to recognise the dangers of inappropriate use of mobile technology and social media
- Develop pupils' understanding of how to keep physically healthy, eat healthily and maintain an active lifestyle
- Develops pupils' age-appropriate understanding of healthy relationships through appropriate relationships and sex education
- Supports readiness for the next phase of education, training, or employment so that pupils are equipped to make the transition successfully, through careers information education, advice, and guidance

Curriculum Implementation in Sixth Form

Our Sixth Form PDE curriculum is taught weekly with 1 hour dedicated to PSHE and structured thematically across the year. The curriculum is varied and age-appropriate considering the wide range of subject content that must be delivered which includes citizenship education, relationships and sex education, health education, personal finance and careers information, advice, and guidance.

Relationship, Sex and Health Education (RSHE) is delivered using the relevant resources from the Ten:Ten programme 'Life to the Full' which teaches RSHE within the context of a Christian understanding of human sexuality rooted in the wisdom of the Catholic Church. The resources for Sixth Form are used in conjunction with our Chameleon PDE package.

Our CIEAG is delivered using Unifrog which is a platform for students and staff to support in preparing personal statements, providing subject and tutor references and presenting predicted grades. Unifrog also allows students to complete profiles to help them decide on careers. They can research university courses in the UK, Europe and the US. It also allows pupils to research live apprenticeship vacancies and create up to date CVs. The platform also provides excellent career information including the labour market information about jobs in the North East.

Curriculum coverage

The PSHE programme incorporates lessons in the following areas:

- Personal Skills & Development
- Mental Health & Wellbeing
- Online & Media
- Keeping Safe
- Health & Fitness
- Future Choices & Money
- Sexual Health
- Relationships

Ten Ten Resources: Cinema in Education

Year 12 Lesson 1: The Common Room

This cinema-in-education session is based on the 30-minute film 'Common Room' which is shown in full in this session. 'Common Room' follows four students as they make the transition between Year 11 and Sixth Form. Their friendship is tested as they respond differently to their new-found freedom. Faced with the responsibilities and pressures that accompany their growth into adulthood, the students re-evaluate their decisions in the light of the consequences they bring.

Common Room is about managing the opportunities that come with increased freedom. It's about discerning our way in the world and makes us think about the value of friendship and guidance from others. The film deals with issues concerning drugs, alcohol, relationships, work, success and failure.

Year 13 Lesson 1: Bakhita's Prayer

This is a documentary film about modern slavery and human trafficking. It is inspired by the story of St Josephine Bakhita who was taken from her home in Sudan at the age of 9 to be used brutally as a slave in the USA. After years of abuse, she was freed and forgave those who had treated her so badly. Although slavery has been criminalised in the UK since 1833, this film shows how the trade continues in modern forms. It offers ways in which the injustice can be tackled and shows Sixth Form students from a school in West London doing just that.

The film gives pupils information about the hidden world of human trafficking and offers a realistic look at the reasons for the continuance of slavery today. 'Bakhita's Prayer' asserts human equality and dignity, and as such it's an inspiring portrayal of a life lived in hope and thanksgiving.

Additional PDE Support

- Daily tutorial programme that follows the whole school approach to prayer and reflection
- Weekly form of collective worship/assembly that follows the liturgical year and other main events e.g. Holocaust Memorial / Remembrance Day
- Tutorial and assembly also responds to specific challenges within the 6th form and areas of contextual safeguarding e.g. sexual harassment, coercive behaviour and unhealthy relationships

Impact of Sixth Form PDE

St Robert of Newminster School considers the greatest impact of the PDE curriculum to be high rates of student progress and outstanding student conduct which is measured in:

- The development of a deep understanding and appreciation of our school values and how these reflect the key British values
- Student response to and relationships with staff and peers
- Student attributes as demonstrated in our approach to awarding achievement
- Student conduct as highlighted in the behaviour and attitudes of our pupils
- Student participation in collective activities such as assembly, liturgy, and collective worship
- The ability to use and apply their knowledge and understanding of the PDE and wider curriculum whilst developing skills to research and interrogate evidence, debate, and evaluate viewpoints, present reasoned arguments and take informed action
- The ability to be able to use a range of research strategies, weigh up evidence, make persuasive arguments and substantiate their conclusions
- Their ability to recognise risk and understand potential consequences of their actions

St Robert's School Prayer

Dear Lord,

We gather today as a **community** of **faith** and ask the Lord to instil in us an eagerness to learn so we can strive for **excellence**.

May St Robert's example be in our words and actions so that we treat others with dignity and **respect**.

We pray that as we learn, we **aspire** to become better than we were yesterday.

As your **light shines** through us, help us become who you **call** us to be.

Enable us to act with **honesty** and **kindness** welcoming all with **love**.

We make this prayer through Christ our Lord.

Amen.

