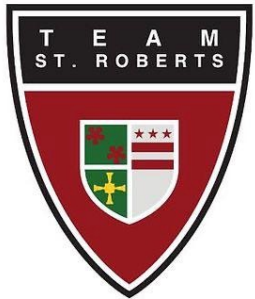


GCSE PE

Options Information



The Breakdown

70% = non-practical

Paper 1: The human body and movement in physical activity and sport.

30% of GCSE



Paper 2: Socio-cultural influences and well-being in physical activity and sport

30% of GCSE



Non-exam assessment:
Coursework

10% of GCSE



Non-exam assessment:
Practical performance

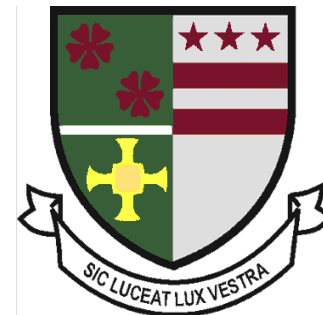
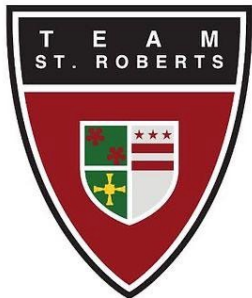
30% of GCSE

Paper 1: The human body and movement in physical activity and sport.

- **What will you learn?**
 - Applied anatomy and physiology
 - Movement analysis
 - Physical training
- **How it's assessed**
 - Written exam: 1 hour 15 minutes
 - 78 marks
 - 30% of GCSE



- **Questions**
 - Answer all questions.
 - A mixture of multiple choice/objective test questions, short answer questions and extended answer questions.



Paper 2: Socio-cultural influences and well-being in physical activity and sport

- **What will you learn?**

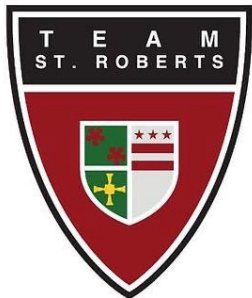
- Sports psychology
- Socio-cultural influences
- Health, fitness and well-being

- **How it's assessed**

- Written exam: 1 hour 15 minutes
- 78 marks
- 30% of GCSE

- **Questions**

- Answer all questions.
- A mixture of multiple choice/objective test questions, short answer questions and extended answer questions.



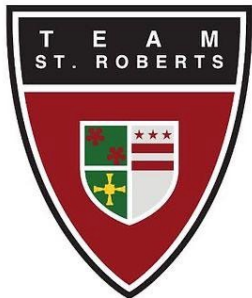
Non-exam assessment: Coursework

- **How are you assessed?**

- Analysis and evaluation of yours or another performers performance in one activity.

- **How it's assessed**

- Assessed by teachers
- Moderated by AQA
- 25 marks
- 10% of GCSE
- Analysis (15 marks)
- Evaluation (10 marks)



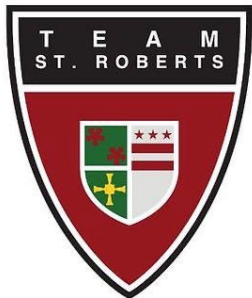
Non-exam assessment: Practical performance

- **How are you assessed?**

- Practical performance in **three** different physical activities
- one **team** activity
- one **individual** activity
- one in **either** a team or in an individual activity

- **How it's assessed**

- Assessed by teachers
- Moderated by AQA
- 75 marks (25 marks per activity)
- 30% of GCSE
- For each activity
 - **skills** 10 marks per activity
 - **full context** 15 marks



Non-exam assessment: Practical performance

Team Activity List

Association football

[Badminton](#)

Basketball

Cricket

[Dance](#)

Handball

Hockey

Hurling

Lacrosse

Netball

Rowing

Rugby League

Rugby Union

[Squash](#)

[Table tennis](#)

[Tennis](#)

Volleyball

Individual Activity List

Amateur boxing

Athletics

Badminton

Canoeing/kayaking (slalom)

Canoeing/kayaking (sprint)

Cycling

Dance

Diving

Golf

Gymnastics (artistic)

Equestrian

Rock climbing

Sculling

Skiing

Snowboarding

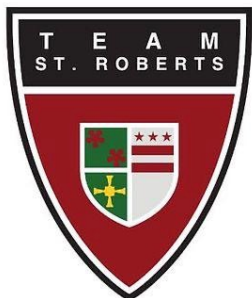
Squash

Swimming

Table tennis

Tennis

Trampolining



[If you are struggling to think of a team activity you are good at, you might want to consider one of the sports in blue](#)

You will be assessed in school for a lot of sports **HOWEVER**, some sports you will have to provide your own video evidence

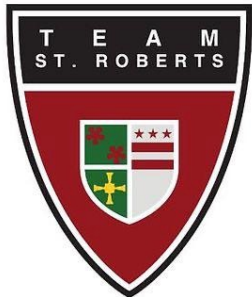


Weekly Timetable

3 PE lessons a week

- 2 theory lessons in the classroom
- 1 practical lesson

Majority of your
PE time will be
in the
classroom



Who do we want to choose GCSE PE?

- Hard workers
- Committed individuals
- Students who are interested in sport, the human body health and well-being
- Students who enjoy doing practical PE
- Students who always bring their full, correct PE kit
- Students who perform in a sport or physical activity outside of school

