



St Robert of Newminster Catholic School and Sixth Form College

Biddick Lane, Washington, Tyne & Wear, NE38 8AF
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Head Teacher: Mr D Juric
Chair of Governors: Miss A Nichols

Personal Development

Dear Parents and Carers,

From September 2020 the Department for Education made 'Relationships, Sex Education and Health Education' compulsory in all schools. RSE and Health Education now forms part of our school's PSHE education programme, which is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body.

As a Catholic community, we will follow a programme of study that has been endorsed by the Catholic Education Service. The links below will take you to our school's RSHE policy and you also have access, as parents/carers to the resources that we will use in school. We will be in contact again later in the year to seek feedback on how we can develop this course further.

[RSHE Policy](#)

Parent Portal:
<https://www.tentenresources.co.uk/parent-portal/>

Username:
opp-robertn-38

Password:
rse-parent-white



Relationships and Sex Education makes up one part of the personal development curriculum at St Robert's. Below you will see an overview of the other units that students will cover throughout the school. We encourage all parents and carers to speak with their children about the units they are covering

PSHE@Home 2023-2024

H/Term	Year 7	Year 8	Year 9	Year 10	Year 11
1 Sept - Oct (7 Weeks)	RSE	RSE	RSE	Careers	RSE
2 Nov - Dec (8 Weeks)	Emotional & Mental health	Keeping safe	Keeping safe	RSE	CV & Personal statements Careers
3 Jan - Feb (6 Weeks)	Keeping safe	Emotional & Mental Health	Careers	Online life & Media	Keeping safe
4 March (5 Weeks)	Online life & Media	Online life & Media	Values, rights & responsibilities	Emotional & Mental health	Values, rights & responsibilities
5 Apr - May (6 Weeks)	Values, rights & responsibilities	Careers	Online life & Media	Keeping Safe	Health & Fitness
6 June - July (7 Weeks)	Careers Health & Fitness	Values, rights & responsibilities	Emotional & Mental Health Health & Fitness	Values, rights & responsibilities	Examinations

If you would like to find out more or have any questions about anything in the policy, then please do not hesitate to contact the school through your child's Head of House.

Yours sincerely,



Mr Andrew Davis

Assistant Head Teacher for Catholic Life & Personal Development

